

FOCUS FOR BETTER GRADES

A+



You're invited to a special course devoted to FOCUS IN THE CLASSROOM.

This four week course will teach your child the basics of martial arts and new tricks to develop concentration in and out of the classroom.

And a whole lot more!

Classes start February 7, 2024 and will held at Premier Martial Arts.

4 Week course is only \$35.

Space is limited - Register A.S.A.P



100% of the proceeds are donated back to your school



- **Fun** and interactive class
- **Improve** confidence
- Learn valuable **life skills**



Premier Martial Arts
25075 Blue Ravine Road, Suite 130
Folsom, CA 95630
916-905-1850
www.pmafolsom.com

Special Karate After-School Program

Begins February 7th at Premier Martial Arts.

These 30 minute classes will held Feb. 7, 14, 21, & 28th.

Classes are fun and teach self-defense and Karate techniques while emphasizing the habits of quality learning, focus, discipline, and respect for parents and teachers. Classes taught by 5th Degree Black Belt Master Instructor Michael O'Leary of Premier Martial Arts.

Classes include Daily homework assignments to improve results at home and in the classroom.

Choose your class time.

Ages 5 - 7 Wednesdays ☐ 3:30 p.m ☐ 4:30 p.m.

Ages 8 - 12 Wednesdays ☐ 4:00 p.m. ☐ 5:00 p.m.

Limited Spaces - Enroll A.S.A.P

\$35 Registration. Proceeds go directly to Gold Ridge Elementary.

Students Name: _____

Address: _____

City, Zip: _____

Phone number: _____

Email: _____

Parent/Guardian Name: _____

In consideration for my or my child's attendance and participation in the martial arts training offers by Premier Martial Arts, I acknowledge the existence of certain inherent risks in this type of training and hereby agree to assume all risks. I further relieve Premier Franchising Group LLC, Premier Martial Arts International Inc., the school, it's management, assigned staff, and fellow students from liability resulting from bodily injury, virus, any type of contagious sickness, or loss wheter personal belongings or bodily injury. I agree that I or student will not attend classes at any time when the student is or believes student might be ill, is experiencing any symptoms of illness, or has been exposed to a person or persons known to be infected with a contagious illness. I also hereby state that I or my child is physically fit to take the prescribed course of instruction and does so of my own free will in exchange for an agreed upon fee.

I understand there is no refund policy on any monies I will pay to Premier Martial Arts.

Parent/Guardian Signature: _____